**ON THE GREEN**

**Wild mushroom bisque**  
Crispy sage, cracked black pepper  7

**Chopped kale (hh)**  
Pomegranate vinaigrette, fresh avocado, local herbed goat cheese, paprika pumpkin seeds, dried bing cherries  12.5

**Caesar**  
Romaine hearts, shaved parmesan, garlic toasted crostini, creamy lemon anchovy dressing, grilled lemon 10.5

**The power salad (hh)**  
Quinoa, garbanzos, edamame, fresh herbs, champagne vinaigrette, sunflower seeds, grilled red pepper, butter lettuce, red grapes  11.5

**Mediterranean**  
Baby arugula, shaved parmesan, extra virgin olive oil, roasted tomato relish, glazed walnuts, roasted artichokes & fennel, balsamic vinaigrette  11.5

**Add to any salad:**  
Habañero-honey glazed shrimp  5  
Wood plank grilled salmon filet  6  
Greek yogurt-lemon grilled chicken  4  
Garlic-herb marinated flat iron steak  6

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**CLUBHOUSE CREATIONS**

Served with your choice of fresh berries & fruit, sweet potato fries or housemade potato chips. Substitute a small kale salad or small Caesar salad, 3  

**Locally raised california beef burger**  
Chargrilled 100% hormone and antibiotic free beef, cracked pepper & sea salt, melted tillamook cheddar, crispy onions, baby arugula, housemade red onion jam, garlic aioli, choice of artisan brioche or a whole grain toasted roll  13.5

**The power burger**  
Your choice of 90% lean buffalo or ground turkey burger, fresh herbs & sea salt, baby arugula, fresh tomato, housemade herb mayo, toasted baguette  13.5

**Black & bleu steak**  
Grilled peppercorn rubbed flat iron steak, melted gorgonzola, roasted tomato relish, housemade herb mayo, toasted baguette, butter lettuce  14

**Wood grilled chicken & goat cheese**  
Greek-yogurt & lemon grilled chicken, local goat cheese, crispy romaine, pomegranate-balsamic glaze, toasted sourdough  12.5

**Hickory plank salmon (hh)**  
Lightly blackened and wood grilled salmon, mango relish, toasted baguette, butter lettuce  14

**Vegetarian crispy kale, avocado & hummus (hh)**  
Confetti kale, creamy garlic dressing, smoked paprika hummus, sunflower seeds, fresh avocado wedges, wrapped in whole wheat naan bread  11.5

**SIGNATURE FLATBREADS**

Our signature oven roasted whole wheat flatbreads  

**Black & bleu**  
Blackened steak, gorgonzola cheese, roasted tomatoes, rosemary  12

**Veggie (hh)**  
Artichokes, baby spinach, mushrooms, parmesan, extra virgin olive oil  10

**Margherita**  
Oven roasted tomato sauce, basil leaf, fresh burrata  11

**Habañero bbq shrimp**  
Habañero-honey glazed shrimp, bbq sauce, fresh cilantro, sweet grilled pepper, monterey jack  12

**Berry & chicken**  
Grilled chicken and goat cheese, chilled arugula & strawberries, pomegranate-balsamic syrup, glazed walnuts  12

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**ENTRÉES**

**Pan seared trout (hh)**  
Roasted vegetable jus, toasted almonds, whole wheat pasta in lemon sauce, steamed spinach, grilled red pepper  23

**Roasted chicken**  
Rosemary-citrus glazed half chicken, crispy red potato wedges, grilled & roasted vegetables  17.5

**Hickory plank salmon (hh)**  
Wood grilled salmon, chimichurri herb sauce, grilled asparagus & roasted potatoes, grilled lemon  23

**Smothered steak**  
Chargrilled marinated flat iron steak, sautéed portobello mushrooms, melted gorgonzola cheese, crispy fried onions, sweet potato fries, spicy harissa ketchup  23

**Vegan pasta marinara (hh)**  
Whole wheat penne, baby spinach, roasted fennel & portobello mushrooms, tossed in basil marinara, cracked black pepper, extra virgin olive oil  13.5

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**THE BACK NINE**

**Mini desserts**  
Ask your server for today's selections  3.25

About our menu:  
We have created these delicious recipes with a focus on incorporating healthy ingredients for every menu item. Items specifically that are “heart healthy”, and have anti-oxidant ingredients, or healthy Omega-3 fats are denoted by an (hh) and gluten-free items are denoted by *  

**THE APPROACH**

**Hummus trio & grilled vegetable plate (hh)**  
Greek yogurt & lemon hummus, smoked paprika hummus, edamame hummus, sea salted naan bread, grilled asparagus and sweet peppers  11

**Shrimp & mahi ceviche (hh)**  
Fresh lime, cilantro, habañero chili, mango, blue corn chips  11

**Quinoa stuffed portobello**  
Shallot, garlic & rosemary quinoa stuffed mushroom, melted burrata, tomato-fennel sauce  11

**Wood plank grilled chicken skewers**  
Habañero-honey bbq glaze, housemade low-fat creamy garlic dip  11

**Crispy potato duo**  
Sweet potato fries & housemade potato chips, shaved parmesan, spicy harissa ketchup  7.5

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**NOTICE:** Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. Products containing tree nuts and peanuts are stored in this kitchen and may have come into contact with other food items.
EARLY TEE TIMES

Classic eggs 🍳
Two eggs cooked your way, choice of pork or turkey bacon, red skin potato wedges, fresh fruit garnish, toast 11

Whole wheat buttermilk cinnamon pancakes (hh)
Lemon zest scented fresh berry compote, warm puree, butter by request 10.5

Vegetable & goat cheese omelet 🥚
Spinach, portobello, asparagus, shaved parmesan, red skin potato wedges, fresh fruit, toast 12

Egg white tlt (hh)
Egg white omelet, turkey bacon, butter lettuce, tomato relish, on toast whole grain bread, fresh fruit garnish 12

Toasted almond granola, low-fat yogurt, berry parfait (hh)
Low-fat vanilla yogurt, vanilla-berry compote, toasted almond granola 8

Greek yogurt, honey, fruit 🍓 (hh)
No sugar added- low-fat greek yogurt, honey, fresh fruit 6.75

Steel & eggs
Seasoned flat iron steak, eggs cooked your way, red skin potato wedges, fresh fruit garnish, toast 15

*All egg dishes may be requested with egg whites

The PGA TOUR is committed to educating and inspiring its fans, tournament volunteers, employees, and the people in communities where it plays to lead healthy lifestyles. No professional sport more directly engages its fans in exercise during competition than golf. A PGA TOUR player averages five miles of walking during each round, and tournament spectators easily might cover a similar distance on a given day. The TOUR is excited to work with premier global restaurateur HMSHost to introduce PGA TOUR Grill, offering a healthy menu to encourage travelers to eat smarter, play harder.

ABOUT OUR HEALTHY INGREDIENTS
Quinoa (keen-wa)
An ancient grain, excellent source of protein, fiber

Extra virgin olive oil
Known for its heart health benefits and anti-inflammatory properties

Beans
Proven to benefit blood sugar balance, an excellent protein and fiber source

Walnuts
Great source of omega-3s and vitamin e

Almonds
High in magnesium and potassium

Spinach
Low calorie, source of vitamin k, contains cancer fighting flavonoids

Arugula
Loads of vitamin c, calcium

Honey
Proven to have anti-oxidant properties, healthy bacteria

Avocado
Great source of carotenoids and healthy oleic acid

Trout
A low-fat source of protein, low in mercury, high in omega-3 fatty acids

Salmon
Contains omega-3s, and amino acids that are anti-inflammatory

Pomegranate
Contains more antioxidants than blueberries, lowers cholesterol

BEVERAGES
Coca-Cola products 3.3
Fiji water 1L 5
Perrier 4
Lemonade 3.2
Coffee 3.2
Fresh brewed iced tea 3.2

WINE

6oz  9oz  Bl

Santa Margherita Pinot Grigio 9.5 14.25 38
Altitude Project Chardonnay 8.5 12.75 34
Villa Maria Sauvignon Blanc 12 18 48
Beringer Napa Valley Sauvignon Blanc 9.5 14.25 38
Château Ste Michelle Riesling 11 16.5 44
Sonoma -Cutler Russian River Ranches Chardonnay 15 22.5 60
Conundrum White 13.5 20.25 52
Altitude Project Cabernet Sauvignon 8.5 12.75 34
Byron Pinot Noir 17.5 26.5 69
Benziger Merlot 14 21.5 55
Gascón Malbec 11 16.5 40
Joel Gott 815 Cabernet Sauvignon 12.5 18.75 50
Conundrum Red 13.5 20.25 52
Korbel California Champagne 187ml 13

SPECIALTY COCKTAILS

The Big Dog
Enjoy this masterful combination of Maker's Mark, peach puree, Canton Ginger Liqueur, iced tea and ginger beer 14.5

High-LoftLemonade
Grey Goose L'orange perfectly married with muddled fresh mint, lemon and freshly brewed tea 14.5

Dobel Rita
The elegant smoothness of Maestro Dobel Silver tequila perfectly shaken with lemon sour, orange juice and the ultimate orange liqueur... Agavero... 14.5

West Coast Swing
Hangar One Wild Blueberry vodka, raspberry syrup, lemon juice and Sprite make for a sweet, crisp and refreshing American-made champion cocktail 13.5

Shandy Trap
A perennial clubhouse favorite... wheat beer, fresh lemon and ginger beer. The perfect companion to any of our hand-crafted entrées 8

19th Hole
The perfect round starts with Grey Goose, the world's best tasting vodka blended with orange juice, pineapple juice and lemon-lime soda 14.5

The Birdie
This blend of Bacardi, mint, soda and your choice of strawberry, blueberry or raspberry is inviting, refreshing and delightful 13.5

Hangar One Chipotle Mary
Hangar One Chipotle vodka with our spicy bloody mary mix, served with the traditional celery stalk and finished with fresh lime, a grape tomato and stuffed olive 14

Please see your server for our full spirits listing